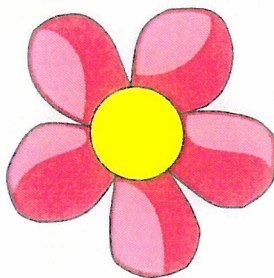


Sevenoaks District Freedom Programme & Recovery Tool Kit

Support group for women to break the cycle of domestic abuse



Free 12 week programmes for any woman who has experience of living with domestic abuse now and in the past.

Groups run at venues across Sevenoaks District, with free crèche facilities where available (crèche places must be booked).

Freedom Programme (to be completed first)

Swanley	Fri 10 th Jan 2020	9.30-11.30am	With Creche
Sevenoaks	Thu 5 th Mar 2020	6-8pm	No Creche
Edenbridge	Thu 23 rd Apr 2020	12.30-2.30am	With Creche
Sevenoaks	Fri 24 th Apr 2020	9.30-11.30am	No Creche
Westerham	Wed 9 th Sep 2020	9.30-11.30am	No Creche
Sevenoaks	Thu 10 th Sep 2020	6-8pm	No Creche

Recovery Tool Kit (to be completed after Freedom Programme)

Swanley	Fri 10 th Jan 2020	12.15-2.15 pm	With Creche
Sevenoaks	Thu 7 th May 2020	6-8pm	No Creche
West Kingsdown	Fri 11 th Sep 2020	9.30-11.30 am	No Creche

For more information or book on a programme
01892 570538 (10am-1pm then answer machine)